



EXPLORING HEALTH CARE

August 3-14, 2025 @ San Francisco & Silicon Valley



Join **Exploring Health Care (EHC)** with 25-30 students from medical universities around the world to explore the intersections of health care, innovation, medical education, and social issues from diverse perspectives in San Francisco & Silicon Valley!

**INNOVATION
ACCESS & EQUITY
CLINICAL ENGLISH
RESEARCH** UCSF
STANFORD DIVERSITY
CULTURALLY COMPETENT MEDICINE



"This program was an eye-opening experience for me. Seeing the world with my own eyes, interacting with other participants and learning abroad helped me realize what kind of physician I would like to be in the future. No matter what grade, gender, background, ethnicity, preferences... whoever you are, this program is welcome to everyone. I am glad that I challenged myself and came to San Francisco." – 2023 Participant



DIVERSE PERSPECTIVES

- Health care providers & advocates (LGBTQ+, organ donation, palliative care)
- Sustainability & health care



EDUCATION & CAREER

- Clinical English workshops
- Peer & expert mentorship
- Mental health & work-life balance in health care



LIFE-LONG FRIENDSHIPS

- Group discussion & projects
- Expanded network of peers from different nationalities, universities, & disciplines



PERSONAL GROWTH

- New & diverse perspectives
- Stronger self-awareness
- Reflection & goal-setting

The Exploring Health Care program is offered by VIA, an educational nonprofit organization founded at Stanford in 1963.

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PARTICIPATION COSTS

\$4,100 VIA program fee includes:

- Accommodations (11 nights) with breakfast
- Arrival lunch and farewell dinner
- Local transportation in San Francisco Bay Area (including airport pickup/drop-off)
- Site visits, guests speakers, workshops, and other activities
- 24-hour on-site staff support

VIA program fee does not include:

- Passport/visa/ESTA (~\$250)
- International airfare (~\$1,800)
- Travel health insurance (~\$100)
- Most meals (~\$400)
- Optional activities & personal shopping (~\$300)
- Personal health care expenses

Cost Summary (USD)

Total estimated cost to participate:

- \$4,100 VIA Program Fee
- \$2,850+ Additional Expenses
- **\$6,950+ Total Expected Cost**

WHO IS A GOOD FIT FOR EHC*?

This program is ideal for for all grade levels with intermediate to advanced English skills interested in an introduction to the US culture and healthcare system.

Basic Eligibility Requirements:

- At least 18 by program start date
- Current university student studying in a health-related field
- Able to travel to and enter the US
- Able to meet all public health requirements for US entry or re-entry to home country

TIMELINE (ASIA DATES)

Round 1 Application Period

- Application Deadline: May 12
- Interviews: May 20-24
- Acceptance Notification: May 27
- Enrollment Confirmation: May 31

Round 2 Application Period

- Application Deadline: June 9
- Interview: June 17-21
- Acceptance Notification: June 24
- Enrollment Confirmation: June 28

Program Participation (US Dates)

- Travel Preparations: June-July
- Online Orientation: Late July
- San Francisco Arrival: Aug 3 (AM)
- San Francisco Departure: Aug 14

**The spring Discovering Culture & Health Care (DCH) Program is ideal 1st-2nd year students with moderate English skills. Participants who join multiple VIA programs are eligible for a \$200 discount on every subsequent program participation.*

QUESTIONS? CONTACT



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**LEARN MORE
& APPLY
TODAY**



viaprograms.org/ehc